

Thomas L. Knabel, MD
Vice President, Medical Informatics Consulting
Ingenix Consulting

Thomas L. Knabel, MD, rejoined Ingenix Consulting to lend his expertise in medical informatics to providing best of class solutions to provider and payer issues across the spectrum of medical management. He provides clinical and strategic leadership, as well as tactical solutions, for projects in areas of best practices for implementation of provider performance assessment and improvement, using data driven tools to achieve cost effectiveness and best value, and designing and developing outcomes measurement methodologies for clients ranging from the National Health Service of the United Kingdom to provider organizations. He also provides industry leadership in disease management outcomes measurement through his work on the DMAA Outcomes Steering Committee.

He came to Ingenix Consulting from OptumHealth, a personal healthcare services company, where he provided strategic vision and leadership for the healthcare informatics activities. There, Dr. Knabel was responsible for developing the ROI/value proposition across the spectrum of Optum products including case and disease management, nurseline, and treatment decision support. Dr. Knabel, in his previous role at Ingenix, provided consulting expertise to health plans on using clinical decision support tools to impact change in physician and patient behavior to improve the quality and efficiency of care.

Dr. Knabel joined Ingenix after serving as National Medical Director of Provider Performance Management for UnitedHealthcare. In this capacity, Dr. Knabel led programs to identify and establish best practices across the spectrum of UnitedHealthcare's 40 plus health plans and a network of 320,000 physicians. His achievements include spearheading the development of the Physician Data Sharing infrastructure and core practices. Dr. Knabel first joined UnitedHealth Group in 1998 as Carrier Medical Director for Medicare for the State of Minnesota.

Prior to that, Dr. Knabel served as Medical Director for Quality and Utilization Management for the HealthPartners Medical Group and Clinics in Minnesota. In this role, he was responsible for the implementation of more than 35 evidence-based practice guidelines, a pharmacy utilization profiling system, and a hospitalist program. Dr. Knabel also was the clinical leader for the HealthPartners EMR project.

A family physician with 18 years of clinical practice, Dr. Knabel has particular interest in using information systems technology to assess physician practices and to influence resource use efficiency. Dr. Knabel received a BS in Life Sciences from the US Air Force Academy and an MD from the University of Texas Southwestern Medical School. He is Board Certified by the American Board of Family Practice and a Fellow of the American Academy of Family Physicians.